



## EmPowering Residents: Where Is Your Energy Going?

### Worksheet: Home Energy Quiz

**Instructions:** Go through each of the energy use questions and color in the box to the right which best describes your home. Add up the number of colored boxes at the end of each column.

Energy use question	A. High energy user	B. Moderate energy user	C. Low energy user
Do you turn off lights if you are not in the room?	Lights left on all the time	Lights turned off sometimes	Lights always turned off when no one in room
Do you heat your beds?	Electric blanket used all night	Electric blanket used just before bed	No heating
What are your main forms of cooking?	Stove and oven	Occasional microwave	Microwave and/ or stove
How do you turn off your appliances?	Turn on and off with the remote control	Turn off at the wall sometimes	Turn off at the wall all of the time
Do you have a computer and how do you turn it off?	Left on for long periods	Use energy star sleep features	Computer turned off (when not in use)/ do not have a computer
Do you shower or bathe?	Long showers /deep baths	Showers only or shallow bath	Short showers (3 minutes or less)
What water temperature do you use for clothes washing?	Always hot or warm	Sometimes warm	Always cold
Do you use compact fluorescent light bulbs?	None of my lights have fluorescent blubs	As I replace the old bulbs I put in fluorescents	All my lights have fluorescent light bulbs
Total number of colored boxes			

**How did your household score?** The column with the highest number of colored boxes best describes the way your household uses energy. Read the results below and find out what you can do to improve your home's energy efficiency.

**Column A:** You are a High Energy User. Look for ways to improve areas where you were a high energy user. Remember, by using less energy, you can save money on your energy bill, and help the environment too.

**Column B:** You are a Moderate Energy User. There are still steps you can take to improve energy efficiency in your home. Review the quiz and see what changes you can make to become a low energy user.

**Column C:** Congratulations! You are a Low Energy User. Your home is energy efficient! Keep up the good work and educate your friends to follow your example.