ahal Process
9 Essential Resources

1 Financial
Money to purchase goods/services

2 Emotional
Ability to control emotional responses

3 Mental/Cognitive
Mental capability to deal with daily life

4 Spiritual
Belief in divine purpose/guidance

5 Physical
Physical health/mobility

6 Support Systems
Friends, family, and other resources to help

7 Relationships/ Role Models
Access to people who consistently behave appropriately and are nurturin

8 Knowledge of Hidden Rules
Know unspoken cues/behaviors of different groups

9 Language/ Formal Register
Ability to use appropriate vocabulary and grammar

Adapted from: A Framework for Understanding Poverty R.K. Payne © 2013 by aha! Process