

**PHFA Housing Services Department  
Pennsylvania Resource List**

This Resource List is offered as an aid in helping residents access services. Items on the list are verified semi-annually, but some may become obsolete during the interim. This list is not meant to be comprehensive, but may serve as an aid to delivering services to residents.

Items are organized alphabetically according to the following categories.

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**PHFA's Housing Services Division  
Pennsylvania Resource List**

Updated 2/2/06

Verified:

<b>Abuse</b>	
Child abuse - tools to prevent child abuse <a href="http://child-abuse.com">http://child-abuse.com</a>	2-06
Domestic Violence information available at PA Coalition Against 800.932.4632 <a href="http://www.pcadv.org">www.pcadv.org</a>	2-06
Elder Abuse – Web site for information <a href="http://www.elderabusecenter.org">www.elderabusecenter.org</a>	2-06
Video “PeaceWork: Community Education Program for Family Violence Protection.” Includes video and study guide. PHFA free lending library contact <a href="mailto:lcase@phfa.or">lcase@phfa.or</a> or call 717.780.1808 for availability.	2-06
<b>Accessibility</b>	
Accessible PA information on programs/services for people with disabilities. <a href="http://www.accessiblepa.state.pa.us/accessiblepa/site/default.asp">http://www.accessiblepa.state.pa.us/accessiblepa/site/default.asp</a>	2-06
ADA Inc. offers design review and facility evaluations and helps businesses and organizations determine their compliance with ADA requirements. 412.471.4156 <a href="http://www.adaconsults.com">www.adaconsults.com</a>	2-06
ADA Collection offers over 3,000 documents pertaining to the Americans with Disabilities Act. Visit <a href="http://www.adaportal.org/">http://www.adaportal.org/</a>	2-06
ADA Information Center provides information and technical assistance in the Mid-Atlantic region. 800.949.4232.	12-04
ADA guidelines on free CD-ROM from US Dept. of Justice. Contains ADA regs, architectural design standards, and technical assistance resources. <a href="http://www.usdoj.gov/crt/ada/cdrequestform.htm">www.usdoj.gov/crt/ada/cdrequestform.htm</a>	2-06
ADA and ABA Accessibility design guidelines are available at <a href="http://www.access-board.gov">www.access-board.gov</a>	2-06
Assistive Technology devices available at PA Asst. Tech Foundation <a href="http://www.assistive-technology4pa.org/programs/index.php">http://www.assistive-technology4pa.org/programs/index.php</a>	2-06
Assistive Technology information, referral services and lending library for assistive technology devices at <a href="http://disabilities.temple.edu/index.htm">http://disabilities.temple.edu/index.htm</a>	2-06
Fair Housing Act Design Manual provides info about accessibility requirements in the construction of housing covered by the Fair Housing Act <a href="http://www.huduser.org/publications/destech/fairhousing.html">http://www.huduser.org/publications/destech/fairhousing.html</a>	2-06
Fair Housing Accessibility First is a resource center that provides guidance on complying with the accessible design and construction requirements of the Fair Housing Act. <a href="http://www.fairhousingfirst.org">www.fairhousingfirst.org</a> .	2-06
Federal government resources that are available to persons with disabilities, visit <a href="http://disabilityinfo.gov">http://disabilityinfo.gov</a>	2-06
Housing Rights of People with Disabilities are available from Bazelon Center for Mental Health Law, <a href="http://www.bazelon.org/publications/index.htm">http://www.bazelon.org/publications/index.htm</a> .	2-06
PA Human Relations Commission’s Interactive website to determine which accessibility regulations apply <a href="http://www.accessibilitypa.com">www.accessibilitypa.com</a>	2-06
Special Needs Recreation Directory provides help in locating accessible, inclusive recreational activities statewide. 1.877.986.4550 or TTY 1.877.986.5432	12-04
VisitAbility in PA has produced a video that promotes the concept of visitability – “A Home for All Seasons.” Request by e-mail at <a href="mailto:visitability@email.com">visitability@email.com</a> .	2-06
<b>Benefits</b>	
Benefits CheckUP identifies federal and state assistance programs for older Americans. Enter age, zip code, income and receive listing of services for which you’re eligible. <a href="http://www.benefitscheckup.org">www.benefitscheckup.org</a>	2-06
Food Stamp Program information at <a href="http://www.fns.usda.gov/fsp/outreach">www.fns.usda.gov/fsp/outreach</a> .	2-06
Health care coverage for kids call Healthy Kids Line at 1.800.986 KIDS	10-05
Resource Directory for Older People published by The National Institute on Aging. Single copies are free. Mention code HP-14. Please call 800.222.2225.	11-05
Social Security publications available in alternate formats. Call 800.772.1213	11-05
Find out what your full retirement age for social security is and any financial consequences of early retirement. Visit <a href="http://www.ssa.gov/retirechartred.htm">http://www.ssa.gov/retirechartred.htm</a>	2-06
<b>Community Development</b>	
Community Organizing toolbox. <a href="http://www.nfg.org/cotb/">http://www.nfg.org/cotb/</a>	2-06

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Federal Govt clearinghouse of regulations, model programs, case studies, publications, funding opportunities, training, conference announcements... <a href="http://www.comcon.org">www.comcon.org</a>	2-06
<b>Computer Centers</b>	
A toolkit for community technology center (CTC) development features curricula for teaching children, youth and adults about computer. <a href="http://www2.ctcnet.org/ctc/toolkit/main.html">http://www2.ctcnet.org/ctc/toolkit/main.html</a>	2-06
Computer problem? Visit the following for free help to all of your most common problems: <a href="http://www.windows-help.net">www.windows-help.net</a> , <a href="http://www.Annoyances.org">www.Annoyances.org</a> , and <a href="http://www.Macfixit.com">www.Macfixit.com</a>	2-06
Info on adapting a computer center for people with disabilities is available at <a href="http://www.microsoft.com/enable/products/keyboard.aspx">http://www.microsoft.com/enable/products/keyboard.aspx</a>	2-06
Personal computer systems available for low income children ages 11-13 through Second Byte Foundation. Details at <a href="http://www.2ndbyte.org/program.html">http://www.2ndbyte.org/program.html</a> or email <a href="mailto:info@2ndbyte.org">info@2ndbyte.org</a>	2-06
Share the Technology allows non-profits to search their database for donated software and hardware. To see what Pa has available visit <a href="http://sharetechnology.org">http://sharetechnology.org</a>	2-06
TechSoup is a Microsoft software donation program. The program requires nonprofits to hold a valid nonprofit 501c3 status. See <a href="http://www.techsoup.org/discountech.cfm?id=1140">http://www.techsoup.org/discountech.cfm?id=1140</a>	2-06
Video "Golden Mouse Club." Video is about the development of a computer club at Messiah Village, a retirement community. PHFA free lending library contact <a href="mailto:lcase@phfa.or">lcase@phfa.or</a> or call 717.780.1808	2-06
<b>Crime</b>	
Local crime statistics are available statewide, regionally, and locally with breakdowns for age and ethnicity. <a href="http://ucr.psp.state.pa.us">http://ucr.psp.state.pa.us</a>	2-06
Sexually Violent Predators listing (for use in resident screening). <a href="http://www.psp.state.pa.us/">http://www.psp.state.pa.us/</a>	2-06
<b>Drugs and Alcohol</b>	
Smoke-Free Policies are available at <a href="http://www.tcsg.org/tobacco/smokepolicies.htm">http://www.tcsg.org/tobacco/smokepolicies.htm</a> .	2-06
Substance Abuse Treatment Facility Locator – <a href="http://www.findtreatment.samhsa.gov">www.findtreatment.samhsa.gov</a>	2-06
<b>Education</b>	
Keystone University Network offers online courses in adult basic education, workforce development, maintenance technology, healthcare training and business. Check it out at <a href="http://www.KeystoneU.net">www.KeystoneU.net</a> .	2-06
<b>Employment</b>	
NCWD/Youth is offering a series that provides information on employment for persons with disabilities <a href="http://www.ncwd-youth.info/resources_&amp;Publications/quick_Reference_Guides/index.html">http://www.ncwd-youth.info/resources_&amp;Publications/quick_Reference_Guides/index.html</a>	2-06
Partners in Employment is a self-study course designed to help persons with developmental disabilities find jobs <a href="http://www.partnersinpolycymaking.com/employment">http://www.partnersinpolycymaking.com/employment</a> for details	11-05
Senior Job Bank: Links to resources for Seniors and Senior Job Seekers <a href="http://www.seniorjobbank.org/">http://www.seniorjobbank.org/</a>	2-06
Senior Service Corps income eligibility: Foster Grandparent Program – seniors may earn up to \$11,225 annually or \$15,150 for a couple. Senior Companion Program – seniors may earn up to \$12,125 annually or \$16,365 for a couple.	4-03
<b>Emergency</b>	
"Disability and Emergency Preparedness Resource Center" has information covering topics on emergency preparedness for people with disabilities. Go to <a href="http://www.dhs.gov/disabilitypreparedness">www.dhs.gov/disabilitypreparedness</a>	2-06
Emergency planning for employees and visitors with disabilities, "Preparing the Workplace for Everyone" provides guidelines for emergency plans. Available at <a href="http://www.dol.gov/odep/pubs/ep/preparing2.htm">http://www.dol.gov/odep/pubs/ep/preparing2.htm</a>	2-06
<a href="http://www.sinfriopa.com/index_es.asp">http://www.sinfriopa.com/index_es.asp</a> Spanish-language website providing information to help people bring down their utility bills, learn more about energy conservation and weatherization, and obtain the links they need to apply for bill-paying assistance	2-06
<b>Energy</b>	
Energy Efficient Advisor, a HUD web based tool designed to help housing authorities, developers, and managers improve energy efficiency visit <a href="http://www.rehabadvisor.com">http://www.rehabadvisor.com</a>	2-06
Energy conservation information <a href="http://www.staywarm.com">www.staywarm.com</a>	2-06
Fact sheet on the new Responsible Utility Customer Protection Act which effects shut-off notification rules at <a href="http://www.puc.state.pa.us/general/consumer_ed/pdf/Act201.pdf">http://www.puc.state.pa.us/general/consumer_ed/pdf/Act201.pdf</a>	2-06

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Low-Income Home Energy Assistance Program info at <a href="http://www.dpw.state.pa.us/LowInc/HeatAssistance/003670277.htm">http://www.dpw.state.pa.us/LowInc/HeatAssistance/003670277.htm</a>	2-06
<b>Exercise</b>	
Trying to motivate your seniors to exercise? Read "Blueprint for Health Promotion Module", at <a href="http://www.asaging.org/cdc">http://www.asaging.org/cdc</a>	2-06
You Can! Steps to Healthier Aging Campaign provides a free tool kit with examples of physical activities, nutrition programs, activities and promotional information. Details at <a href="http://www.aoa.gov/youcan/youcan.asp">http://www.aoa.gov/youcan/youcan.asp</a>	2-06
<b>Fair Housing</b>	
"What Fair Housing Means for People With Disabilities" explains federal laws and the housing rights of people with disabilities. <a href="http://www.bazelon.org/issues/housing/publications/index.htm">http://www.bazelon.org/issues/housing/publications/index.htm</a>	2-06
<b>Finances</b>	
Approved list of credit counselors at <a href="http://www.debtadvice.org/takethefirststep/locator.html">http://www.debtadvice.org/takethefirststep/locator.html</a>	2-06
Credit report for free from: Equifax, Experian and TransUnion. Go to <a href="http://www.annualcreditreport.com">www.annualcreditreport.com</a> or call 877.322.8228	2-06
Building Blocks to Financial Success <a href="http://www.worcfinaled.com/">http://www.worcfinaled.com/</a>	2-06
High school students to become savvy consumers by using Consumer Jungle a web-based program. Visit <a href="http://www.consumerjungle.org">www.consumerjungle.org</a>	2-06
Estate planning for special-needs kids info available at <a href="http://www.metlife.com/desk">www.metlife.com/desk</a>	2-06
Family Economic Success website reviews workforce development, family economic support and community investment <a href="http://www.aecf.org/initiatives/fes/">www.aecf.org/initiatives/fes/</a>	2-06
Financial education material clearinghouse at <a href="http://www.nefe.org/amexeconfund/">http://www.nefe.org/amexeconfund/</a>	2-06
Financial Planning Pro bono go to <a href="http://www.consultaplanner.org/public/index.html">http://www.consultaplanner.org/public/index.html</a> to find out more	2-06
<b>Grant Resources</b>	
Twenty-six federal grant-making agencies will post grant opportunities at <a href="http://www.grants.gov">http://www.grants.gov</a>	2-06
<b>Health Issues</b>	
Fact sheets on asthma, pesticide hazards, and how to handle excessive heat available in Spanish, Russian, Chinese and Vietnamese at <a href="http://www.epa.gov/aging/resources/epareports.htm#facts">http://www.epa.gov/aging/resources/epareports.htm#facts</a>	2-06
BEBASHI, Blacks Educating Blacks About Sexual Health Issues, provides culturally sensitive health related information, HIV testing, case management services, research, and technical assistance, call 215.769.3561.	3-05
The Black Women's Health Alliance offers health, advocacy, education and self-help to teens, women, parents and caregivers of children <a href="http://www.blackwomenshealthproject.org/index.html">http://www.blackwomenshealthproject.org/index.html</a> or 215.732.1165.	2-06
Blood Pressure prevention guidelines at <a href="http://www.nhlbi.nih.gov/hbp/index.html">www.nhlbi.nih.gov/hbp/index.html</a>	2-06
Cancer and other health fact sheets for people over 50, in Spanish <a href="http://www.niapublications.org/shopdisplayproducts.asp?id=8&amp;cat=Spanish+Language+Materials">www.niapublications.org/shopdisplayproducts.asp?id=8&amp;cat=Spanish+Language+Materials</a>	2-06
For information on HIV/Aids amongst the senior population visit <a href="http://www.hivoverfifty.org">www.hivoverfifty.org</a>	2-06
Diabetes Fact Sheet in Cambodian, Chinese, Japanese, Korean, Lao, Samoan, Taglish, Thai, Tongan, and Vietnamese. Available at <a href="http://www.pueblo.gsa.gov/rc/asianpromo.htm">www.pueblo.gsa.gov/rc/asianpromo.htm</a>	2-06
HHS Multicultural Diabetes-Prevention Campaign "Small Steps, Big Rewards" provides materials for adults ages 60+ and various ethnic groups who are considered high risk. Info at <a href="http://www.ndep.gov">NDEP website</a> or call 800.438.5383.	2-06
Hypothermia information available from the National Institute on Aging at <a href="http://www.niapublications.org/engagepages/hypother.asp">www.niapublications.org/engagepages/hypother.asp</a>	2-06
Interactive Web site created by PhRMA and its member companies that lets patients search for prescription drug assistance programs. <a href="http://www.phrma.org/">http://www.phrma.org/</a>	2-06
<b>Hearing</b>	
Free Lending Library – Captioned Media Program. National Assoc of the Deaf provides captioned videos that display the English text on any TV/VCR. Videos can be kept up to one week with postage paid both ways. Apply on-line <a href="http://www.cfv.org">www.cfv.org</a>	2-06

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<b>Home ownership</b>		
Computer based modules on homeownership by HUD <a href="http://www.hud.gov/webcasts/archives/homeforall.cfm">http://www.hud.gov/webcasts/archives/homeforall.cfm</a>		2-06
Free homebuyer education source online at <a href="http://www.homeloanlearningcenter.com">www.homeloanlearningcenter.com</a>		2-06
Home Buying Guides at Fannie Mae Foundation offers free comprehensive <a href="http://www.homebuyingguide.com/">http://www.homebuyingguide.com/</a>		2-06
<b>Housing</b>		
Guide to Housing & Community Development Policy provides info on federal programs and proposals involving low-income housing. <a href="http://www.nlihc.org/advocates/index.htm">www.nlihc.org/advocates/index.htm</a>		2-06
Available rental housing at <a href="http://www.phfa.org/pal/">http://www.phfa.org/pal/</a>		2-06
<b>Insurance</b>		
HIPAA Privacy Rule. National health information privacy standards have been issued as a result of the Health Insurance Portability and Accountability Act <a href="http://www.hhs.gov/ocr/hipaa">http://www.hhs.gov/ocr/hipaa</a> .		2-06
Low Cost Insurance - Adult Basic Coverage will be available July 1 <sup>st</sup> for PA residents aged 19-64, meeting income eligibility and uninsured for at least 90 days <a href="http://www.ins.state.pa.us/ins/cwp/view.asp?a=1336&amp;Q=543266&amp;PM=1">http://www.ins.state.pa.us/ins/cwp/view.asp?a=1336&amp;Q=543266&amp;PM=1</a>		2-06
<b>Intergenerational Programs</b>		
Grandparents Raising Grandchildren: A Six Part Fact Sheet Series at <a href="http://www.aging.state.pa.us/aging/cwp/view.asp?a=279&amp;q=252472">http://www.aging.state.pa.us/aging/cwp/view.asp?a=279&amp;q=252472</a>		2-06
<b>Internet</b>		
General internet safety, publications and related resources on internet safety for children, internet privacy, cyberstalking, cyberbullying and identify theft visit <a href="http://www.ncjrs.org/internetsafety/index.html">www.ncjrs.org/internetsafety/index.html</a>		2-06
SeniorNet offers a self-paced online tutorial on how to use the Internet. At <a href="http://www.seniornet.org/php/default.php?PageID=5866">http://www.seniornet.org/php/default.php?PageID=5866</a>		2-06
<b>Language/Translations</b>		
Translation websites – <a href="http://www.world.altavista.com">www.world.altavista.com</a> ; <a href="http://www.lexicool.com">www.lexicool.com</a>		2-06
<a href="http://www.breaking-the-barriers.org">www.breaking-the-barriers.org</a> offers information for people who are not able to rely solely on the spoken language for communication		2-06
<b>Legal Services</b>		
Disability and Public Benefits Law free newsletter called, The Voice. Details on getting newsletter at <a href="http://www.specialneedsalliance.com">www.specialneedsalliance.com</a> .		2-06
Looking for an elder lawyer? Check out <a href="http://www.naela.org">http://www.naela.org</a> or call 520.881.4005.		2-06
Northwestern Legal Services Technology Resource Guide lists websites for all legal services programs in PA and other topics such as unemployment compensation, government benefits, health law and consumer protection. <a href="http://www.nwls.org/TechResourceGuide.htm">www.nwls.org/TechResourceGuide.htm</a>		2-06
Legal guidance available at <a href="http://www.PaLawHelp.org">www.PaLawHelp.org</a>		2-06
<b>Lesbian-Gay-Bisexual-Transgender Issues</b>		
LGBT Aging Resources <a href="http://www.lgbtagingproject.org">www.lgbtagingproject.org</a>		2-06
<b>Long Term Care</b>		
Advance care planning, hospice and palliative care interviews with experts at <a href="http://www.takechargeonline.org">www.takechargeonline.org</a>		2-06
Helpline and website provides info on long-term care service options, including home care, public and private financing and other issues. 1-866-286-3636 or <a href="http://www.aging.state.pa.us/longtermcare/site/default.asp">http://www.aging.state.pa.us/longtermcare/site/default.asp</a>		2-06
<b>Medicaid</b>		
COMPASS: Commonwealth of PA Application for Social Services is access point for health care coverage, food and cash-assistance benefits, long term care and energy assistance. <a href="http://www.compass.state.pa.us">www.compass.state.pa.us</a>		2-06
Medicaid question? Visit DPW's website and in the OTHER field, Enter "Ask Medicaid" then in the COMMENTS field type your question and receive an email response. <a href="http://www.dpw.state.pa.us/omap/omapcontact.asp">http://www.dpw.state.pa.us/omap/omapcontact.asp</a> .		2-06
<b>Medicare</b>		

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Choosing a Medicare Managed Care Plan: A guide is available by calling Pennsylvania Health Care Cost Containment Council at 717.232.6787 X 1180 or on line at <a href="http://www.phc4.org/reports/MedicareHmo/2003/default.htm">http://www.phc4.org/reports/MedicareHmo/2003/default.htm</a>	2-06
Medicare and Medicare+Choice plans are compared side-by-side for any zip code. <a href="http://www.medicare.gov">www.medicare.gov</a>	2-06
Medicare Insurance info is available at <a href="http://www.aging.state.pa.us/aging/CWP/view.asp?A=282&amp;QUESTION_ID=173806">http://www.aging.state.pa.us/aging/CWP/view.asp?A=282&amp;QUESTION_ID=173806</a>	2-06
Medicare Part D and the Low-Income Subsidy free training resources and continuing education credits offered by ASA at <a href="http://www.asaging.org/medicare">http://www.asaging.org/medicare</a>	2-06
Medicare Partnership Campaign website. Sign up to receive free updates and information on an on-going basis. <a href="http://www.aoa.gov/medicare">www.aoa.gov/medicare</a>	2-06
Medicare Prescription Drug Coverage timeline available at <a href="http://www.aarp.org/bulletin/medicare/benefit_rollout.html">http://www.aarp.org/bulletin/medicare/benefit_rollout.html</a>	2-06
<b>Medications</b>	
Eli Lilly Card allows low-income seniors without prescription drug coverage to pay a flat fee of \$12 for a 30-day supply of any Lilly retail drug. 1.877.RX.LILLY (available till may 2006)	11-05
General Information about safe use of medicines from Food and Drug Administration. <a href="http://www.fda.gov/cder/index.html">http://www.fda.gov/cder/index.html</a>	2-06
GlaxoSmithKline Orange Card - national discount program for low-income elderly who lack prescription drug coverage. 1.888.ORANGE6	11-05
Information on Prescription Drug Help is available at <a href="http://www.HelpingPatients.org">www.HelpingPatients.org</a> . Interactive site lists assistance programs for which a patient may be eligible based on age, income and household size.	2-06
Pfizer Share Card allows low-income elderly 65+ to purchase Pfizer prescriptions for \$15/month. <a href="http://www.pfizersharecard.com/">http://www.pfizersharecard.com/</a>	2-06
Pfizer medicines available at discounted or free to people who are without prescription insurance coverage and with family incomes of less than \$31,000; savings of up to 50 percent for families with income of less than \$45,000 and all other uninsured can get up to 25 % discounts off Pfizer medicines. Consumers call 1.866.706.2400 to get more details	12-04
Prescription Medication Assistance website lists pharmaceutical companies that have programs that offer free medication to lower income seniors and families. Information listed by medication name and by manufacturer. <a href="http://www.needymeds.com">www.needymeds.com</a>	2-06
<b>Nutrition</b>	
FDA website offers information on nutrition, drugs, medical devices, product recalls and much more. Visit <a href="http://www.fda.gov/default.htm">http://www.fda.gov/default.htm</a> .	2-06
Learn about summer food programs for children via the USDA. Visit <a href="http://www.summerfood.usda.gov/">http://www.summerfood.usda.gov/</a> for information	2-06
Older Americans Nutrition Program Toolkit to help the Aging Network enhance programs serving older adults. <a href="http://nutritionandaging.fiu.edu/OANP_Toolkit/">http://nutritionandaging.fiu.edu/OANP_Toolkit/</a>	2-06
<b>Organization</b>	
Establishing a nonprofit organization, go to <a href="http://fdncenter.org/learn/classroom/establish/index.html">http://fdncenter.org/learn/classroom/establish/index.html</a> for details	2-06
How To Establish a 501(c) (3) manual at <a href="http://www.ncstac.org/content/materials/501c3.pdf">http://www.ncstac.org/content/materials/501c3.pdf</a>	2-06
<b>Relocation</b>	
HUD's relocation guide entitled "Developing Projects with Home Funds: Ten Things you need to know about the Uniform ACT (URA)". At <a href="http://www.hud.gov/offices/cpd/library/relocation/publications/index.cfm">http://www.hud.gov/offices/cpd/library/relocation/publications/index.cfm</a>	2-06
<b>Rent</b>	
Rent Rebate – 65+, widows/widowers 50+, PWD may receive up to \$500 for rent they paid during a calendar year. Seniors may exclude 50% of SS/Railroad Retirement income in determining their eligibility income limit. Call AAA. Forms at <a href="http://www.revenue.state.pa.us/revenue/cwp/view.asp?A=311&amp;Q=252101">http://www.revenue.state.pa.us/revenue/cwp/view.asp?A=311&amp;Q=252101</a>	2-06
<b>Safety</b>	

Updated 2/2/06

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Emergencies and Disasters web page of National Safety Council includes safety checklists, resources and info on emergency preparedness products <a href="http://www.nsc.org/issues/prepare.htm">http://www.nsc.org/issues/prepare.htm</a>	2-06
First Aid Kits & Bodily Fluid Disposal Kits meets the recommendations of U.S. Department of Homeland Security at <a href="http://www.zeemedical.com">www.zeemedical.com</a>	2-06
Pennsylvania Emergency Preparedness Guide is available at <a href="http://www.dsf.health.state.pa.us/health/cwp/view.asp?a=186&amp;Q=234776">http://www.dsf.health.state.pa.us/health/cwp/view.asp?a=186&amp;Q=234776</a> .	2-06
<b>Senior Health</b>	
Alzheimer's Disease website. <a href="http://www.alzinfo.org">www.alzinfo.org</a> brochures, facts sheets and videos in Spanish. Info at 800.272.3900, <a href="http://www.alz.org/Resources/Diversity/overview.asp">www.alz.org/Resources/Diversity/overview.asp</a>	2-06
Eldercare Locator enables older persons to find state and local resources to remain independent in their homes. 1.800.667.1116 <a href="http://www.eldercare.gov">www.eldercare.gov</a>	2-06
Epilepsy Foundation video on "Seizures Later in Life" available at PHFA free lending library contact <a href="mailto:lcase@phfa.org">lcase@phfa.org</a> or call 717.780.1808	2-06
Health Compass Website helps older adults, caregivers, and professionals navigate the Internet for sources of health information. At <a href="http://www.healthcompass.org/">http://www.healthcompass.org/</a>	2-06
Senior Falls Prevention Tool Kit available for download at <a href="http://www.cdc.gov/ncipc/pub-res/toolkit/toolkit.htm">http://www.cdc.gov/ncipc/pub-res/toolkit/toolkit.htm</a>	2-06
Senior health information including stroke information available at <a href="http://nihseniorhealth.gov/listoftopics.html">http://nihseniorhealth.gov/listoftopics.html</a>	2-06
Health Promotion for Seniors web site includes teaching modules and downloadable manuals addressing specific senior related health issues. Go to <a href="http://www.asaging.org/cdc">www.asaging.org/cdc</a> .	2-06
Late-Life Depression Evaluation and Treatment Center at the Univ. of Pittsburgh website for seniors with mental health problems such as depression, anxiety disorders and insomnia. Visit <a href="http://www.latelivedepression.org">www.latelivedepression.org</a>	2-06
NIH Senior Health web site <a href="http://www.nihseniorhealth.gov">www.nihseniorhealth.gov</a> a new talking web site with formats and topics tailored to the needs of older people.	2-06
Talking Books a free program from the National Library Service, Library of Congress. Get special audiocassette player and talking books when finished, mail back, and they will send more. Program and postage free. Details 1.888.NLS.READ.	1-06
People over 50 are at higher risk of becoming ill if bitten by mosquitoes carrying West Nile, Educational handout at <a href="http://www.cdc.gov/ncidod/dvbid/westnile/resources/FighttheBite_prevention.pdf">http://www.cdc.gov/ncidod/dvbid/westnile/resources/FighttheBite_prevention.pdf</a>	2-06
<b>Service Coordination</b>	
The Commonwealth of Pennsylvania Access to Social Service (COMPASS) has been enhanced. Registered Partners who assist families in applying for benefits can now verify income. Visit <a href="http://www.compass.state.pa.us">www.compass.state.pa.us</a>	2-06
The Eldercare Locator by the U.S. Administration on Aging connects older Americans and their caregivers with sources of information on senior services. <a href="http://www.eldercare.gov/eldercare/Public/Home.asp">http://www.eldercare.gov/eldercare/Public/Home.asp</a>	2-06
HUD website has SC resources. <a href="http://www.hud.gov/offices/hsg/mfh/mfinfo.cfm">www.hud.gov/offices/hsg/mfh/mfinfo.cfm</a>	2-06
New Federal Poverty guidelines can be found at <a href="http://aspe.hhs.gov/poverty/index.shtml">http://aspe.hhs.gov/poverty/index.shtml</a>	2-06
To find information about your local Area Agency on Aging, visit <a href="http://www.aging.state.pa.us/aging/cwp/view.asp?A=275&amp;Q=177138">http://www.aging.state.pa.us/aging/cwp/view.asp?A=275&amp;Q=177138</a> and select your county	2-06
United Way services in your county visit <a href="http://www.uwp.org/pauw.asp">http://www.uwp.org/pauw.asp</a> for a county map.	2-06
<b>Taxes</b>	
Earned Income Tax Credit, Child Tax Credits, PA Tax Back and the Volunteer Income Tax Assistance Program (VITA) Info at <a href="http://www.irs.gov">www.irs.gov</a> or call 800.829.1040. <b>2006 W-5 application for Advanced Earned Income Credit</b> details at <a href="http://www.irs.gov/individuals/article/0,,id=118888,00.html">http://www.irs.gov/individuals/article/0,,id=118888,00.html</a>	2-06
<b>501 © 3 and non-profit incorporation</b> visit CTAC's library at <a href="http://www.ctaconline.org/501c3.asp">http://www.ctaconline.org/501c3.asp</a>	2-06
Tax Counseling for the Elderly Program provides free tax help to people 60 and over. Go to <a href="https://wpp.aarp.org/vmis/sites/tax_aide_locator.jsp">https://wpp.aarp.org/vmis/sites/tax_aide_locator.jsp</a> for locations.	2-06
Hiring former welfare recipients and being eligible for <b>Welfare-to-Work Tax Credits</b> provided by the IRS, details at <a href="http://www.irs.gov/govt/tribes/article/0,,id=108423,00.html#A1">http://www.irs.gov/govt/tribes/article/0,,id=108423,00.html#A1</a>	2-06

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VITA site locations call 1.800.829.1040. <a href="http://www.irs.gov/advocate/article/0..id=147471.00.html">http://www.irs.gov/advocate/article/0..id=147471.00.html</a>	2-06
<b>Transportation</b>	
How to Help an Older Driver – free brochure at <a href="http://www.aaafoundation.org/products/index.cfm?button=freeintro">http://www.aaafoundation.org/products/index.cfm?button=freeintro</a> or call 1.800.305.7233	2-06
Medical Assistant Transportation Program provides transportation to medical services for Medical Assistance consumers Details at <a href="http://www.dpw.state.pa.us/lowinc/matp/003670190.htm">www.dpw.state.pa.us/lowinc/matp/003670190.htm</a>	2-06
Public transportation services that are available in your area can be found at <a href="http://www.dot.state.pa.us/BPTMAP/index.htm">http://www.dot.state.pa.us/BPTMAP/index.htm</a> and click on your county.	2-06
Resources for senior drivers – info on how to help an older driver with simple exercises and refresher tips. <a href="http://www.seniordrivers.org">www.seniordrivers.org</a>	2-06
Road Map to Driving Wellness online curriculum addressing concerns of older drivers, including handouts <a href="http://www.asaging.org/cdc/index.cfm">http://www.asaging.org/cdc/index.cfm</a>	2-06
Vehicle registration is reduced from \$36 to \$10 for retired seniors with income < \$19,200. <a href="http://www.dmv.state.pa.us/pdotforms/fact_sheets/fs-pasen.pdf">http://www.dmv.state.pa.us/pdotforms/fact_sheets/fs-pasen.pdf</a>	2-06
<b>Utilities</b>	
\$1 Energy Fund provides energy assistance grants for low-income utility customers. For a list of the 150 agencies statewide that process \$1 Energy Fund applications go to <a href="http://www.dollarenergy.org">www.dollarenergy.org</a>	2-06
Public Utility Commissions Responsible Utility Customer Protection Act changes at <a href="http://www.puc.state.pa.us/general/consumer_ed/pdf/Act201.pdf">www.puc.state.pa.us/general/consumer_ed/pdf/Act201.pdf</a>	2-06
Telephone reduced charges – call phone company or Verizon at 1.800.640.4155. Lifeline – free connection and \$11.60 credit on regular monthly bill. Income < 100% of poverty or 60+ and on GA, SSI or TANF. <a href="http://www22.verizon.com/about/community/pa/lowincome/pa_lifeline150.html">http://www22.verizon.com/about/community/pa/lowincome/pa_lifeline150.html</a> <ul style="list-style-type: none"> <li>▪ Lifeline 150 – free connection and \$7.85 credit on monthly bill. Income &lt; 150% or poverty AND LIHEAP, TANF, SSI, GA, Medicaid, Food Stamps, State Blind Pension.</li> <li>▪ UTAP helps Lifeline customers pay their overdue bills on basic phone service in crisis.</li> </ul>	2-06
<b>Veterans</b>	
Dept. of Veterans Affairs offers geriatric evaluations, social services, nursing, physical and occupational therapy and other home services. Details on line in VA Health Care Overview at <a href="http://www.va.gov/healtheligibility/coveredservices/Benefits_Guide_v4.pdf">www.va.gov/healtheligibility/coveredservices/Benefits_Guide_v4.pdf</a>	2-06
VA Drug Program and the New Medicare Prescription Drug Coverage Tip Sheet available at <a href="http://www.cms.hhs.gov/medicarereform/VA.pdf">www.cms.hhs.gov/medicarereform/VA.pdf</a>	2-06
<b>Vision</b>	
Free Eye Examination for low-income, uninsured workers and their families is available through Vision USA. 1.800.766.4466	11-05
Guidelines for print legibility for older people and people with disabilities read the on-line brochure “Making Text Legible” at <a href="http://www.lighthouse.org/print_leg.htm">http://www.lighthouse.org/print_leg.htm</a>	2-06
Senior's EyeCare Program for 65+ who have not seen an ophthalmologist in 3 years. <a href="http://www.eyecareamerica.org">www.eyecareamerica.org</a> or 800.222.3937	2-06
<b>Volunteer Opportunities</b>	
Experience Corps, links seniors with children who need help with school. On-line guide to running programs at <a href="http://www.experiencecorps.org/images/pdf/toolkit.pdf">www.experiencecorps.org/images/pdf/toolkit.pdf</a> or 202.478.6190	2-06
Family Friends matches older volunteers with at-risk children and families. Volunteer provides caring, listening, and assistance to meet the demands of daily living. Go to <a href="http://www.family-friends.org/">http://www.family-friends.org/</a>	2-06
Senior Corps Web-based Recruitment system lists quality volunteer opportunities for older adults. <a href="http://www.joinseniorservice.org">www.joinseniorservice.org</a>	2-06
SERVEnet is a web site that, by entering your zip code, gives you a list of volunteer opportunities within your community. <a href="http://www.servenet.org">http://www.servenet.org</a>	2-06
United Ways' site <a href="http://www.volunteersolutions.org/volunteerway/volunteer/general/partner/about.tcl">http://www.volunteersolutions.org/volunteerway/volunteer/general/partner/about.tcl</a> for a list of volunteer opportunities through out the state.	2-06
<b>Waivers</b>	
Information at waivers	2-06

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<a href="http://www.dpw.state.pa.us/Disable/MentalRetardationServices/ServiceProg/003670156.htm">http://www.dpw.state.pa.us/Disable/MentalRetardationServices/ServiceProg/003670156.htm</a>	
<b>Youth</b>	
After School Programs information at <a href="http://www.afterschoolalliance.org">www.afterschoolalliance.org</a>	2-06
Global Youth ACTION Network provides tools, recognition and financial support for youth that take positive action. <a href="http://www.youthlink.org">www.youthlink.org</a>	2-06
Issues affecting kids today? Visit <a href="http://www.connectforkids.org">www.connectforkids.org</a> for links to important topics	2-06
Learn the Signs. Act Early explains ways to measure your child's mental growth from birth to 5. Details at <a href="http://www.cdc.gov/ncbddd/autism/actearly/">http://www.cdc.gov/ncbddd/autism/actearly/</a>	2-06
National Fatherhood Initiative website has info on skills fathers need to be involved, responsible, and committed fathers. Info at <a href="http://www.fatherhood.org">www.fatherhood.org</a>	2-06
Parenting educational materials and assistance in connecting parents with one another provided by Parents Action For Children at <a href="http://www.iamyourchild.org">www.iamyourchild.org</a>	2-06
Special Needs Advocate for Parents (SNAP) workshops and resources for parents with children with special needs at <a href="http://www.snapinfo.org">www.snapinfo.org</a>	2-06
Special education for children with disabilities newsletters and resources available at <a href="http://www.wrightslaw.com">www.wrightslaw.com</a>	2-06
Teenagers busy with a productive activity go to <a href="http://www.dosomething.org">www.dosomething.org</a> for ideas.	2-06
Web games for children at The National Institute of Child Health and Human Development <a href="http://www.nichd.nih.gov/milk/kidsteens.cfm">http://www.nichd.nih.gov/milk/kidsteens.cfm</a>	2-06
Workforce development and youth with disabilities, website contains articles, books, reports, and other items <a href="http://ncwd-youth.info/resources_&amp;_Publications/pub-bank">http://ncwd-youth.info/resources_&amp;_Publications/pub-bank</a>	2-06
Youth Dev. Training & Technical Assistance Resource Toolkit provides start up recommendations and is designed for the youth worker in the field. Available at <a href="http://www.nydic.org/nydic/toolkits/intermediarytoolkit.htm">http://www.nydic.org/nydic/toolkits/intermediarytoolkit.htm</a>	2-06
Youth Leadership training organization targets high school sophomores. <a href="http://www.hoby.org">www.hoby.org</a> (Hugh O'Brian)	2-06