



PHFA's Housing  
Services Department  
**Best Practices**

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**Cedars Village/Jefferson College of Pharmacy Partnership**

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**Category:** Healthy Living

**Outcomes:** This interactive program allows residents to ask questions about their health & medications that they would reserve for their next doctor visit, residents become proactive about their own healthcare, students work with a population that they will service a population first hand upon graduation which could potentially make them become better doctors because of the program, serious healthcare problems were detected through this partnership with Jefferson and residents were able to respond to the health threat and remain independent in their community

**Program Components:** The Jefferson College of Pharmacy students interact with residents for 8 weeks. The students are graded and receive college credits for the program.

**Partnerships-** Jefferson College of Pharmacy & Residents of Cedars Village

**Program Development-** Ingerman Management Company has a 2 year partnership with the Jefferson College of Pharmacy.

**Program Promotion:** Studies show that seniors who are socially active and proactive with their healthcare are vibrant, healthier, and can maintain an independent lifestyle. This program is structured and resident directed. The students interact with residents for 8 weeks. They provide information about preventative healthcare, presentations and reports. Each week residents get to pick health topics and areas of concern and interest. Topics include: guidance on managing their medications, vitamins & probiotics, healthy heart and stroke awareness, cholesterol, managing stress and depression, hidden sugars in food, nutrition and reading food labels, and blood pressure & glucose screenings.

**Background:** Cedars Village is located in South Philadelphia and is funded by LIHTC. There are 64 apartments for residents who are 55 and older.

**Service Coordinator:** Nicol McClarin

**Management Agent:** Ingerman Management Company

**Investment in Services:** This program is FREE to residents and gives the Jefferson medical students valuable hands-on experience.



**RESULTS**

**Healthy** residents

**Educated** residents on healthcare

**Improved communication skills**  
for residents

**Removes the fear that some  
seniors have** towards healthcare  
providers