

Newer Independent Living Supports *Housing-Related Services for LTSS*

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Keystone First

Delivering the Next
Generation
of Health Care

Our Mission and Vision

Keystone First is a managed care organization (MCO) and one of three health plans that was selected by the Commonwealth of PA to provide services under **Community Health Choices**.

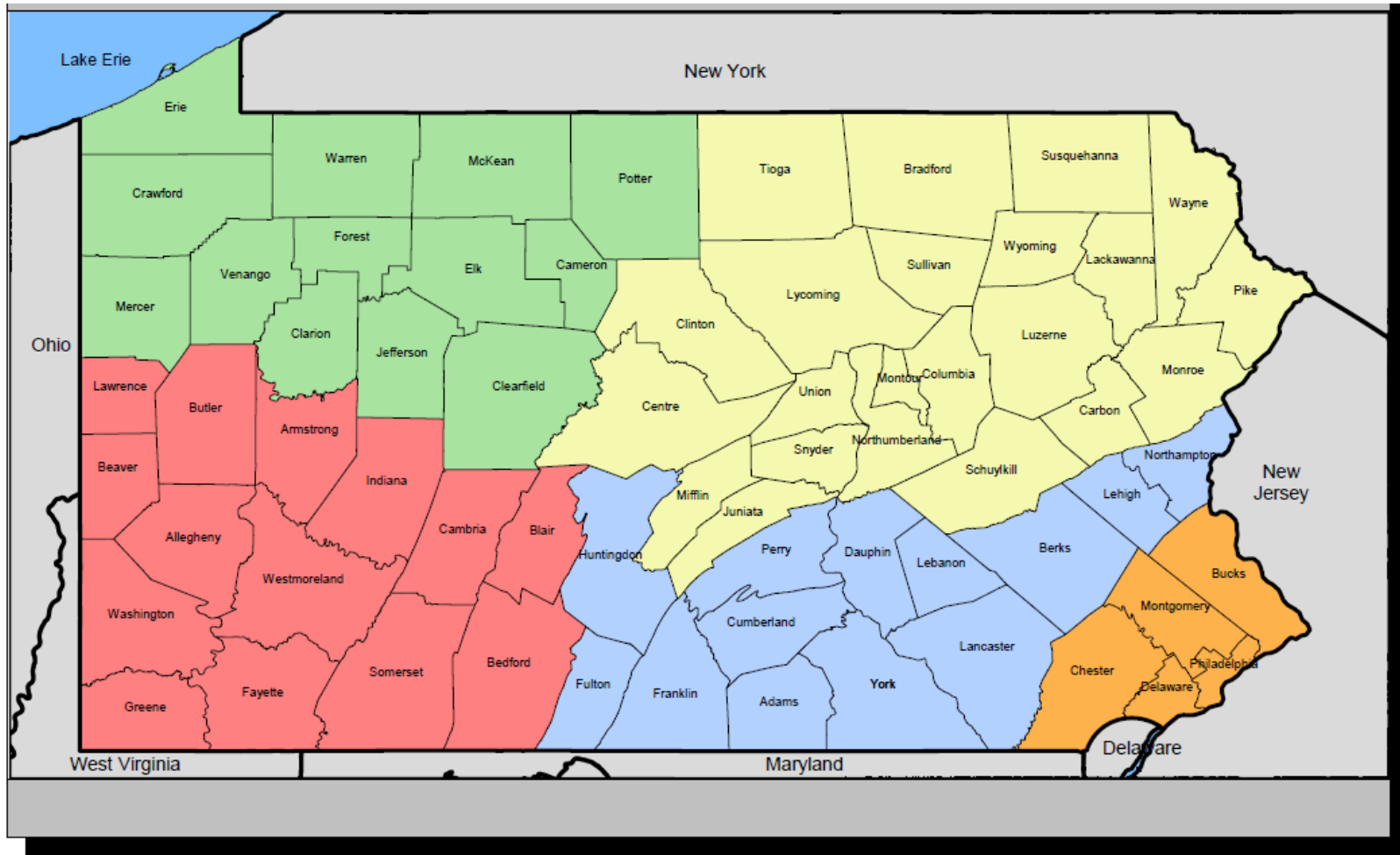
Community Health Choices (CHC) is PA's mandatory managed care program for individuals who are eligible for both Medical Assistance and Medicare (dually eligible), older adults, and individuals with physical disabilities — including long-term services and supports (LTSS) for adults over age 21 in the Office of Long Term Living (OLTL) waivers.

- The goal of CHC is to serve more people in communities rather than in facilities, giving them the opportunity to work, spend more time with their families, and experience an overall better quality of life.
- When fully implemented (in January 2020), CHC is expected to serve more than 420,000 Pennsylvanians.

Keystone First's parent company, **AmeriHealth Caritas**, has a national presence, with services in 11 states, and we have over 35 years of experience serving Medicaid populations.

**Our mission:
To help people get care, stay well, and to build healthy communities.**

Community Health Choices in PA



- Lehigh/Capital
- New East
- New West
- Southeast
- Southwest

Phase 1: SW PA – January 2018

Phase 2: SE PA – January 2019

Phase 3: Lehigh / Capitol, NE and NW PA – January 2020

Long Term Services & Supports

More than 150,000 Pennsylvanians need long-term care services because of disabling conditions and chronic illnesses. Medicaid allows for the coverage of these services through several vehicles and over a continuum of settings, ranging from institutional care to community-based long-term services and supports (LTSS).

- LTSS includes help with bathing, dressing, toileting, eating, and other basic activities of daily life and self-care, as well as support for everyday tasks such as laundry, shopping, and transportation.
- LTSS can be provided at home, in the community, in assisted living or in nursing facilities.

Keystone First / Community Health Choices works with a network of providers and social services to create a LTSS support system that is sustainable and person-driven.

This way, LTSS members have choice, control, and access to a full array of quality services that assure optimal outcomes, maintain independence, improve health and quality of life.

