

THE LEADERSHIP PLAYBOOK



THE FIVE C'S OF A CHAMPION

The Fi  e Words.com
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Character.

Who am I?

What are my personal non-negotiables?

What are my biggest desires?

How do I want to feel?

What do I bring to the team?

One thing I can take back with me to increase my awareness of character:

Communication.

What belief windows do I have that may hold me back?

How do I best communicate?

Now Draw it:

One thing I can take back with me to increase my awareness of communication:

Choice

We have a choice in where our focus lies. We have a choice in how we respond. We have a choice in where to spend our time and energy. We have a choice in how we portray the kind of leader we are.

What I control vs what I don't control:

Where do I spend my energy that is positive?

Where do I waste energy?

How can the team make failure work for us?

One thing I can take back with me to increase my awareness of choice:

Courage.

What are you dealing with today that you need to bring courage to in order to overcome?

What do you need to do so?

Where in your life are you authentic? Where are you inauthentic?

How does or could compassion and empathy play a role in how I work with my team?

One thing I can take back with me to increase my awareness of courage:

Confidence

What stories are you telling yourself?

Where have you said “I can’t” and what does that really mean?

I can't

I might be able to

Possibly I can

Maybe I can

I think I can

I believe I can

I know

I will

I did.

One thing I can take back with me to increase my awareness of confidence:

My strengths

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

The Five Words.com

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